

The Boleskine Bulletin

Issue 61 December 2012

Email: boleskine_bulletin@hotmail.co.uk

SEASONS GREETINGS TO EVERYONE



The LOCH NESS LUVVIES production of "Two Weddings and a Conference"
written by Karen Doling and directed by Frances Abbot proved a great success.

COMMUNITY CAROL SERVICE

SATURDAY 15TH DECEMBER

STRATHERRICK HALL 7PM

Rev. Stewart Jeffrey

All ages welcome Tea, Coffee and Mince Pies

CAROLS ON THE GREEN

(GLENLIA RESIDENTS COMMUNITY ASSOCIATION)

SUNDAY 16TH DECEMBER

2PM - 4PM All welcome

Mulled Wine, Hot Chocolate, Mince Pies

Donations: Tinned food for Inverness Food Bank

Community Website www.stratherrick.net

Stratherrick and Foyers Community Trust

(Information taken from the Community Trust web site.)

August 2012:

Community Council Web Site support application - £908; St. John's Cemetery Volunteer Group application - £900 cemetery maintenance and any wider community use at the applicant's discretion; Double glazing application - £2,505.

Approved; Double glazing application £2,600. Deferred pending more information regarding ownership of property and length of lease if subject to tenancy; Previously approved double glazing application - £3000 and p.v. panel application -£3000; Smiddy project. – Awaiting application to Highland Council Ward Discretionary fund for financial support for tender bid.

Refusal of late PV panel grant application.

November 2012:

Hall Application – The Hall Committee explained the difficulty in procuring a third estimate and the possible threat to the Hall's public entertainment license, if the work did not start timorously or a commitment given to commence. The Directors had asked if alternative sources of funding could be explored; an application had been lodged with the National Lottery and that might yield up to £10,000, however if unsuccessful the work would still have to go ahead. It was agreed that the application be approved and any lottery award deducted.

The following applications were approved:

Whitebridge solar panels; Foyers double glazing and insulation; Lunch Club application for further funding; Foyers wood burning stove; Fire Service application towards a defibrillator, although details of its location and operation system have still to be worked out; Knockie wood burning stove, the applicant was asked to provide another estimate. Again the difficulty in obtaining competitive and local estimates for building/installation work was highlighted. Grants towards energy efficiency in second homes following an appeal from a refusal. The following points were agreed subject to ratification by the full Committee.

a. It should be limited to one extra house owned by the applicant. b. Holiday homes and commercial premises to be excluded. c. The applicant should be a permanent local resident. d. There should be a payback if the property is sold within 7 years.

Errogie Smiddy project. Due to Mrs. Greenaway's move to Elmbank Nursing Home in Inverness the development is now unlikely to go ahead in its original form, the Secretary will resolve payment of the final outstanding bills. Highland Council are to acquire the property and carry out demolition and a road improvement on the loch side of the corner. Following a site visit with Highland Councillor Davidson and the head of TEC Services there is a good possibility that the remainder of the cleared site plus part of the cut off road will be handed back to the Community. Although the Trust has had to incur significant preliminary expenditure in

getting to this stage Mrs. Greenaway's successful vacation of the property, the corner realignment, and the possibility of redevelopment of a cleared site is hopefully a welcome outcome.

Financial Update. The Trust currently holds funds of £97,163.02. The meeting approved awards of £30,650 (including £21,000 for the Hall). The next in payment is likely to be the first stage of the Dunmaglass wind farm community benefit in respect of the commencement of the Strathnairn road improvement. This will be £100,000 and is likely to be in the early new year when these works start. The Trust is also due another annual Glendoe payment although this amount is uncertain as it will include a supplement from the recommencement of generation.

JOB VACANCY

Stratherrick and Foyers Community Trust

The Trust is looking for a new Secretary to deal with Applications, Agendas and Minutes. The applicant should be based in the area, computer and email literate and able to operate from home on their own p.c.

The wage is £12 per hour for approximately two to three hours per week with monthly Director's meetings. Telephone, stationary/printer ink will be reimbursed.

More information and
applications with a brief C.V. to

A. Sutherland, Errogie.

Tel 01456 486711 or Errogiealex@yahoo.com

Visit the community website to access information on the area. The site has the minutes/reports/contact details etc. for both The Community Trust, and The Community Council and also includes many other interesting items.

Keep in touch with what is happening.

Community website: www.stratherrick.net

**USE THIS PAGE TO WRITE TO THE BB
WITH YOUR IDEAS AND SUGGESTIONS**

LETTERS/POSTS

Community Trust Funds

Where is our money going?

Do you think the Trust should be more open in their decision making?

Do you think the community should be provided with a full list of names of recipients? Ed

Roads

Local resident Gordon Roberts posted a comment on the Stratherrick Voice web site (Nov. 18th) regarding his continued concerns about the heavy traffic travelling along the B862 through from the early hours of Sunday until after 6.p.m.

Gordon asks to receive comments from others on the B862.

2012 Olympics/Jubilee Community Events

I would like to take the opportunity to thank everyone who got behind the many events organised.

Foyers and Stratherrick School's, GRCA, Iain/Eddie/ Gun club, Coffee Club, Lunch club, Margaret and Donald, Lesley, Ger, Paula, Susan & Kenny, Carole Anna, Alistair. The list could go on forever so thanks to everyone who helped. A lot of generosity, good will and people's time was appreciated by the whole community.

"Looking forward to 2016". Morag Cameron

Message from Margaret Davidson

School House Foyers Primary

There have been some recent discussions about the future of the School House next to Foyers Primary School.

With a group of community representatives and our ward manager Charles Stephen, I took a look at the house. It is in pretty good condition, but will deteriorate soon if it is left.

The group discussed various options:

- A nursery, after school club. However it would be expensive and impractical to move the nursery from where it is now.
- A community centre with adult education and social clubs.
- A community owned house. It would need a new, separate entrance.
- Highland Council sale on the open market.

I would be pleased to have any ideas from members of the Community and will call a meeting in the New Year for all to discuss.

Margaret Davidson - Highland Councillor

01463 861424 ; 07818015689;
margaret.davidson@highland.gov.uk

NEW BOOK OUT

"Scottish Clans, Legend, Logic and Evidence"

by Adrian Grant.

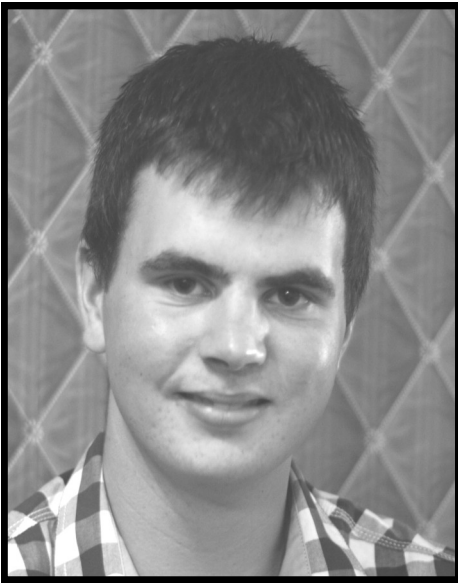
Hardback £20, Paperback £15 Available from Amazon.co.uk. Published by Fast-Print.net

"A well researched and informative book"

SNOW CLEARANCE

The main B862 Fort Augustus road is the **first to be cleared.** It is advised that the route for Stratherrick and Whitebridge folk to access Foyers this winter is to use the main Whitebridge/Foyers road (B852) in the event of bad weather.

RICKETTS, Matthew Charles.



Matthew sadly died as the result of a tragic accident on Saturday, 22 September 2012, aged 17 years.

Dearly loved son of Stephen & Jane, brother of Jessica and Hannah, brother-in-law of Simon and uncle of Benjamin. A much loved grandson of Alec and Dorothy, Margaret and the late Henry, and nephew of Duncan and Fiona, Trisha and Ron, Peter and Cheryle, Anne and Bruce, Cath and Murray, Mary and Marc and awesome cousin to all their families.

R.I.P. Matt, we miss you more than words can, or ever will, express. You'll always be in our hearts.

Stephen, Jane and family would like to express their sincere thanks to everyone for all the immense support, love and wishes received from the Strath and further afield.

Stephen and Jane Ricketts

Alex & Mary Campbell move to Evanton

Alex & Mary put their house on the market recently and when a firm offer was made they took us all by surprise at their secret departure. They have moved to Evanton to be nearer to one of their sons.

They moved here from Neilston, in Renfrewshire, when they purchased the Foyers shop and café from the Johnstons in June 1985. Chrissie Cameron helped out in the post office and also gave a hand to Mary who ran the café, serving up excellent home-baking (especially her well-liked chocolate cake). At that time, Alex had a daily early morning start (5.30am) driving to Inverness to get milk, bread and newspapers, there being few deliveries, unlike today.

Alex and Mary both thoroughly enjoyed their time there until their retirement. Their stint there was the second longest (Kenny Ross' being the longest) and they sold to Ian Nesbitt in August 1996. They brought a plot of land in the Vennel and while they had their house built they rented a cottage on Dell Estate. They started a new garden from scratch and were very happy in their new home.



Mary ran the Nursery Group when it moved from Gorthleck Hall to the small factory unit at Foyers. She also, along with Shona Main, held the Sunday School for a time in the Foyers Church (now closed). She also helped Val Turnbull for a spell when she did the cooking in the Foyers Hotel. Neither Alex nor Mary were afraid of hard work and a challenge.

We wish them a happy life in Evanton and hope they come back to their old haunts from time to time.

Buddy MacDougall

Welcome to this the first of a wee series of articles introducing your local community Foyers Fire & Rescue Service team. This first article is a broad idea of who we are and what we get up to. Future articles will focus in on the Fire Fighter's world and will give a feel of what it is like to train and perform as a Retained Fire Fighter in the 21stC.....the 'insiders' view.

Our crew has had a busy year with thirty call outs ('shouts') to date. We are one of the busiest of the many smaller rural fire stations in the Highland & Islands and we deal with a wide range of emergencies including road traffic collisions, fires and other search and rescue incidents as required. This year our 'shouts' have included car accidents, chimney fires, flooded buildings, wild fires and investigation of a range of automatic fire alarms, often in the darkest hours of night.

Indeed, the early part of this year saw us fighting a large number of wild fires out on the hill. These can start for all sorts of reasons including lightning strike or a muir-burn getting out of control. A change in either the direction or the strength of the wind can create a problem as the fire may move rapidly towards houses or woodland. Our job is to beat back the fire, evacuate people from their homes if necessary and play our part in preventing the fire taking a hold of property or woodland. More on this in a future article.

To keep our skill levels properly honed we undertake regular training throughout the year. This includes a three hour session on Monday nights plus three or four weekend sessions usually spent either at the Invergordon 'fire house' or on multi-pump exercises with teams from other Highland regions. In addition, each of us must maintain a required level of academic understanding and most of this is achieved through extra study time spent at home. You may see us out and about, perhaps testing our pumps down at the Foyers pier or dressed up with breathing apparatus to practice our search and rescue techniques in the 'fire house' at Aberarder. Beneath the heavy helmets and tunic, we are sweating away, lugging heavy hoses, ladders, air cylinders and specialist cutting equipment etc. and building our skills and efficiencies and team work so that we can be ready for whatever emergency might arise.



Foyers Fire Crew on a training exercise

Teamwork, a positive mental attitude, developing personal skills and good leadership are key to providing the quality of service that the public expect. At present, our team of locals is twelve strong and is a healthy mix of male and female, young and 'not so' young (!) and the most experienced of the team have over ten years' service.

In addition to Fire and Rescue training, we are often to be found volunteering support for local events. These have included acting as marshals at the Loch Ness marathon, providing safety cover for fireworks night, building footpaths and concreting in equipment at the new Statherrick playpark and more.

So, that's it, a brief introduction to the Foyers Fire Crew. We are available for emergency call-outs night and day, seven days a week, for anyone who is in need. Go careful during the festivities and, as a wee message for Christmas from us all.....please take care with keeping your Christmas tree lights and candles etc. properly protected and, if you haven't done so already, it is a good idea to get your chimney swept and make sure that your smoke detectors are working too. To that end, why don't you request one of our FREE home fire safety visits and we can then fit smoke detectors in your house where needed.

For a FREE Home Fire Safety Check call FREEphone 08000 12 13 12 or, for more information, visit www.hifrs.org and click on the "Community Safety" page link on the left hand side.

Seasons Greetings from us all in the 'Foyers Fire & Rescue' crew.

Next article.....searching smoke filled buildings and fighting fires.....an insider's view.

BOLESKINE SENIORS LUNCH CLUB

Community Trust supports Lunch Club for another year

One year on from the first lunch, the Community Trust has been happy to give £800 to cover approx. half the costs incurred.

The past year has been fun for both those eating and those serving and cooking.

ANYONE and everyone are very welcome – you can be any age, **60 - 70 - 80 - or 90 !**

All are welcome from wherever you live. “Oldies” are helped by “youngies”.

Lifts can be provided either by others attending the meal or from the pool of more youthful ‘drivers’.

Ages get quite mixed up as half the helpers are over 60 pensioners all! **AND men do come as well!**
Outnumbered but just as talkative!

Catching up with old friends, making new ones and exchanging laughter.

A little welcoming drink is always offered on arrival.

Winter months, cosy and warm in the Whitebridge Hotel, Summer months at Stratherrick Hall.

Food is simple and homely. Reassuringly, those helping have attended a hygiene course! New recipes are tried out from time to time providing interest and trepidation!!

PLEASE COME ALONG – it is ideal for making friends if you are new to the area, or maybe just want a bit of company over a meal if you live on your own. Enjoy a chat and a bite to eat.

HELD ON THE LAST FRIDAY OF THE MONTH

Next dates are: 25th January 2013, 22nd February , 29th March

Phone Joyce on 486 269 to book your place. Please book the week before; bookings cannot be taken after the Friday prior to the lunch.

Accounts for the first year of the Lunch Club

Income: Com. Trust £2,325.00; Subs./Donations £869.31 = £3194.31

Expenses: Hygiene Course £275; Hall Rental £275; Expenses/equipment £980.27; Food £1068.62 = £2598.89

BB - AGM

The AGM for the Boleskine Bulletin was held in Stratherrick Hall on Tuesday 6th November.

Last year's Committee were all prepared to retain their posts for another year. Jane O'Donovan is Chair and Editor; Barbara Miller is Joint Editor; Fiona Bateman is Secretary; and Johanna Schuster is the Treasurer.

Whilst we are not breaking even at the moment, with funds in the bank the Bulletin should be able to carry on for a while yet.

After 5 years of holding their prices, regrettably this year our printers needed to increase their charges. The recession has slightly reduced our income from advertisers but we no longer subsidise the cost of printing the Community Council Minutes pages so we hope we can remain solvent.

Many thanks to all advertisers and the Community Trust as without their monies we could not continue. The BB is also very grateful to those of you in the community who send us items for inclusion. *Keep them coming.* *Ed.*

GLENLIA RESIDENTS COMMUNITY ASSOCIATION

A big Thank You to everyone who volunteered on the water stations and road closures for the Baxter's Loch Ness marathon. The morning went off well and the weather, well, it was not snowing. All the runners and organisers always comment on your good work and the support you give them. So give yourself a pat on the back.

GRCA will be organising our AGM in January 2013, it will be a public meeting where the committee is set up. It is open to everyone and refreshments will be available. Please watch out for our posters.

The play park project is coming to an end with mainly paperwork to be completed and we still have to put a notice board and shelter on the green. The play park has encouraged lots of children, who play there for hours, however we would like to ask dog owners to ensure they clean up after their dogs on the green. Dog pooh can seriously put a child at risk of blindness as well as other illnesses.

Geri Stocks

South Loch Ness Heritage Group

The Group had a successful season, starting with an excellent presentation by Alex Bennett of the National Trust for Scotland on 22nd March. Committee member Graeme Ambrose filled the summer slot with a Field Walk down the valley of the Farigaig, visiting sites of old mills and settlements, St. Moluag's Chapel, Castle Kitchie, plus many attractive falls and pools on the river itself. The walk ended up visiting Telford's Inverfarigaig pier on Loch Ness and the Black Rock on General Wade's loch-side road.

On 2nd October we had a brief AGM at Stratherrick Hall, followed by a return visit from Andrew Ross of British Waterways, now Scottish Canals. Andrew spoke, with many excellent slides, on 'The Caledonian Canal, Past, Present and Future'.

We are planning our 2013 season, and hope to have David Henderson of Inverness speaking to us in spring, on 'Highland Droving'. During the summer, we plan a visit to the Highland Archive Centre at the Bught. In autumn we will again have our AGM – watch this space for our speaker on that occasion.

The Group currently has two excellent publications available: *A Country called Stratherrick* by the late Alan Lawson, the definitive book on the area, and our more recently published heritage guide, *South Loch Ness*. Prices are £7 and £3 respectively, with discounts for multiple purchases – a real bargain, and great ideas for Christmas presents.

Finally, don't forget to visit our website, www.southlochnessheritage.co.uk which we keep adding to with articles, photos, links to films, etc.

Alan Finlay

STRATHERRICK GUN CLUB

Runner up in International Championships

Once again congratulations to two members for their success in the 2012 Home International, European and World Championships held at Mid Wales shooting ground in July. The Veterans' team, captained by Gordon Duguid was joint runner up with the Irish; England taking the honours.

Iain Hepburn, shooting in the Scottish senior team, returned a score of 100 kills. 296 points from a possible 100x30. In the European Champions his score was 199 kills; 593 points from a possible 200x600. Maintaining this high standard throughout the World Championship earned him highest scoring Scotsman overall of the week's competitions. Congratulations to both.

E. Fraser

Red Kites fly over Stratherrick once again

Red Kites are now flying regularly over Stratherrick. First re-introduced on the Black Isle in 1969, it has taken until recent years for them to re-establish in Stratherrick.

Red Kites are distinctive because of their forked tail and striking colour; predominantly chestnut red with white patches under the wings and a pale grey head. They have a wingspan of nearly two metres, but a relatively small body weight of 2- 3 lbs. This means the bird is incredibly agile and can stay in the air for many hours with hardly a beat of its wings.



The Red Kite is neither particularly strong nor aggressive despite being a large bird. Primarily a scavenger and an opportunist; it profits from sheep carrion but is not capable of opening up sheep or lamb carcasses by itself and has to wait until more powerful birds such as ravens or buzzards have made the first inroads before it will attempt to feed.

Red Kites are however predators and take a wide variety of live prey, ranging from earthworms to small mammals, amphibians and birds. Illegal persecution remains the greatest threat to these iconic birds despite the fact that they pose little or no threats to any land use interests. In 2010 there were seven confirmed poisoning cases involving red kites across Scotland.

RENEWABLE ENERGY SCHEMES

The renewable energy developments proposed/planned for Stratherrick are becoming more complex by the day – some might say a “guddle” and the local authority seems to be powerless to control it. There is no joined up thinking and the different companies do not always co-operate.

New electricity lines will need to be erected from each development to take the power to the grid. **So Dunmaglass and Corriegarth Windfarms** will each build pylons/poles to the vicinity of **TORNESS** where a sub-station is to be constructed – according to Councillor Margaret Davidson it is understood this could be 110m x 90m in size - that is as large as two football pitches.!!

The **Aberchaldor Burn Hydro Scheme** and the proposed **Farigaig River Hydro Scheme** will also need to erect electricity lines. Then there are the **3 Hydro Schemes at Garrogie**, the proposed **Dell Windfarm**, the **Knockie Hydro Scheme** and the **Glen Brein Hydro Scheme** – all will need to build new electricity lines to substations somewhere. The Strath will be criss-crossed with new electricity lines where none existed before.

The **Dell Windfarm** public consultation period is now over. This was an opportunity for the Community Council to voice local concerns regarding the considerable visual impact of the development as well as the increased traffic movements through the Strath during the construction period. However, the Community Council decided to delay their response until the formal planning application is presented early in 2013.

Keep an eye on local press and websites to keep up to date. This is your Strath - Is this what you want to happen to it ?

Dreams really do come true

Olivia Grant age 10 has had an amazing year on her little welsh section A mare Sidan. They have won numerous championships this year and qualified for both the Royal International Horse show at Hickstead and The Horse of the Year show in Birmingham.

Olivia and Sidan compete in Mountain and Moorland Working hunter classes. Firstly they have to jump a round of up to 12 fences which are of a rustic nature to imitate the "hunting field". The judge awards a score for style whilst jumping. They then go on to perform a ridden show and finish with stripping the pony of its saddle to show it at its best for a confirmation/suitability for the job score from the judge.

Olivia qualified for Horse of the Year Show early in the season which was amazing and went on to win and was awarded reserve champion which was a dream come true. We believe she is the youngest rider to have won this class.

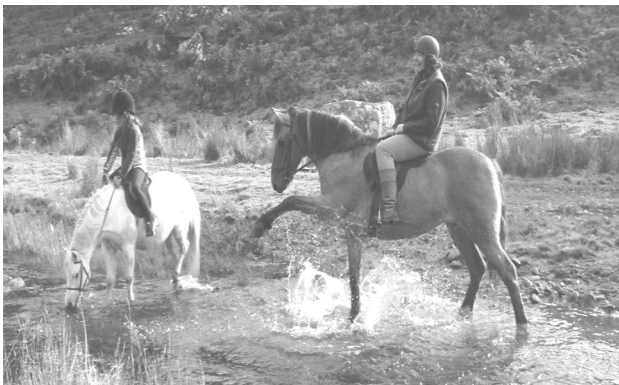
Oivia works very hard, riding in all weathers after school and during the winter she travels to Caithness where she trains with James Munro, head of the equestrian department at Thurso College.

Little Sidan has now moved on to give another small rider the same joy and Olivia has a bigger pony in her place called Foxey who she has high hopes for and would love to return to HOYS in 2013.

Katherine Grant



Margaret's Pony Ride



On Monday 18th October six riders and their ponies met in the car park opposite the Whitebridge Hotel. The weather, although cold, was nice with sunshine appearing at intervals. The ride followed the track down through the car park and across the field onto the road to Dell Farm where we were met by Amy and Iona who supplied us with some chocolate to keep up sugar levels. Katherine Grant and Margaret Campbell followed on foot. Amy & Iona, once mounted, joined the ride. We followed the track through Dell and on to Foyers. The burns were fairly high which made great entertainment for the riders watching the walkers trying to pick their way across.

Morag met us on the Dell side of the Intake Bridge with coffee, juice and goodies. After a short rest the ride retraced their route and headed back to Whitebridge with Morag and Andrew joining the walk. Andrew decided the burns looked more than a challenge and went exploring resulting in a slight mishap and a rather wet young man!

On arrival back at Whitebridge Donald had a BBQ organised with burgers, hotdogs, crisps, biscuits, coffee and juice. As everyone was getting ready to leave the weather presented us with a sharp shower but all in all everyone had a great day.

All the riders and walkers thank Margaret and Donald Campbell. Margaret had organised amazing rosettes for all the riders and walkers. The BBQ was fantastic and lots of juice to wash it down. Taking part: were : Sharon Ferguson - Max; Daisy Ferguson - Twinkle; Millie Ferguson - Magic; Olivia Grant - Molly; Daisy Bell - Willow; Rachel Cross – Dennis; Amy MacPherson - Bonnie; Iona MacPherson - Cariad .

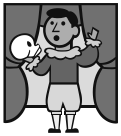
Morag Cameron

LOCH NESS LUVVIES



WE DID IT!! Our first production. ‘Two Weddings and a Conference’ has been and gone. If you didn’t manage to get to a performance you missed quite a treat – just ask someone who did. Thank you to everyone who did come along; we had full houses both nights – we had to put out extra rows of seats at both performances. Everyone’s support has been greatly appreciated and makes all the months of rehearsal worthwhile. We have all been on a very steep learning curve but have none the less enjoyed every minute of it. We have been very fortunate to have Frances Abbot on board to get us to the standard where nobody demanded a refund or contacted Trading Standards.

A very big thanks to all the people ‘behind’ the scenes – you all know who you are and that we couldn’t have done it without you; we hope that you will all join us on future productions. Special thanks go to Holly, Graham B, Calum & Graham. Thanks also to all who helped on both nights with tickets, teas and raffles.



We will be getting together next January to start planning our next venture; if you would like to join us in any capacity please get in touch via our Facebook page ‘Loch Ness Luvvies’, Wendy - 486727 or Jan – 486233.

The “Luvvies” would like to wish you all A MERRY CHRISTMAS & PROSPEROUS NEW YEAR

Inland,Upland and Cold – Gardening on the Edge

Pond continued.....

Last time I told you that I had planted up round the new pond and that was it sorted. *Wrong!*

It seemed that every dormant weed seed germinated and I had to hand weed the whole area. Once the shrubs and perennials bulk up and close the spaces in between each other this should be less of a problem. In the meantime I have invested in bark chips to cover the bare soil. One concern is that this mulch may not allow the more desirable plants to self-seed so perhaps some judicious scraping back of the chips at appropriate times is in order.

Well before leaf fall, I stretched a net over the pond and at the same time placed a small pack of barley straw in the water. As a result there has been no build up of dead leaf sludge in the bottom of the pond and the water has cleared sufficiently to make the deepest part visible. By mid. November most of the pond plants have died back. How many will survive their first winter in the strath is anybody’s guess.

October and November are bulb planting months. Prepared hyacinths should be in their containers by October. Growing them in a hyacinth glass where the roots are visible is always fascinating. A little charcoal in the water keeps it clean. Other indoor bulbs I enjoy are miniature daffodils (*species narcissi*). Well known ones are ‘Minnow’, ‘Tete- a-Tete’, ‘Pipit’, ‘Jet Fire’ and ‘Thalia’. If the bowls are kept in a cool place you can stagger the times when you bring them into the warm and so have a succession of blooms. When they have gone over they can be planted out in the garden to flower the following year. Tulips should go into the ground in November. For me it’s always a rush to get them in. If you’re planning to plant yours I hope you manage it before the snow appears.

Wee Gairdner

REFUSE AND RECYCLING COLLECTIONS

(for those of us who have lost the sheet of dates !!!)

December 2012 - GREEN 12th, 26th. BLUE 19th

2013	GREEN BIN	BLUE BIN
January	9th, 23rd	5th,16th,30th
February	6th, 20th	13th, 27th
March	6th, 20th	13th, 27th
April	3rd, 17th	10th, 24th

HIGHLAND COUNCIL CONTACTS

Our Highland Council Ward is Ward 13 - Aird and Loch Ness

We have four councilors representing us.

Helen Carmichael ☐ Tel: (01463) 782555 ☐ Email helen.carmichael@highland.gov.uk

Margaret Davidson Tel/Fax: (01463) 861424 ☐ Email margaret.davidson@highland.gov.uk

Drew Hendry Tel: (01463) 811480 ☐ Email drew.hendry@highland.gov.uk

Hamish Wood ☐ Tel: (01463) 712530 Email CIlr.Hamish.Wood@highland.gov.uk

The ward manager is Charles Stephen Tel: 01463 724246 ☐ Email Charles.Stephen@highland.gov.uk

LOST/FOUND

WANTED/ FOR SALE

FOUND

A torch has been found on the forestry track between *Errogie* and Edinuanagan,
Phone 486656 with a clear description.

FOR SALE

Juicer – for fruit/vegetables.
Hardly used £20. ‘Anthony Worrell Thompson’ by Breville as recommended in Which.
Phone 486355

**Contact the BB with
details of anything you
have lost/found/want to
buy/want to sell.**

It's free.

Stratherrick & Foyers Community Trust (SFCT)

SFCT is governed by a Board of Directors. They are appointed for their diverse range of views and knowledge. The Board governs the Company, establishes policy, sets priorities and has responsibility for final grant decisions .

Directors at June 2012:

Helen Grainger (Chair)

William Ewen Fraser (Vice-Chair)

Alexander Sutherland (Secretary)

Andy Holt

Fraser Ross

Justin Sharp

Sharon Ferguson

Lyn Forbes

A FEW SCOTTISH WORDS

CLYPE - gossip, inform against someone, tell-tale

GLAIKIT - foolish, stupid, of low intelligence;

SCUNNERED/SCUNNERT - disgusted, bored, fed up.

DREICH - dreary, bleak

HIRPLE - limp, hobble, walk unsteadily

Men Only !

One of the first signs that your arteries are hardening could be that other parts of you stop doing so first!!

Research now shows that erectile dysfunction, especially in men under the age of 65, could predict that there are early changes in men's arteries, which, in a few years time could cause symptoms of cardiovascular disease. (At least doubling the risk of cardiovascular disease compared to a man without erectile dysfunction).

One third of the men in our practice are between the ages of 45 and 64. Most are fit and healthy and rarely go to see their GP until they have a health problem. One of the biggest health risks we all face is cardiovascular disease which causes sudden death, heart attacks, angina and strokes. Unfortunately it is difficult to predict who will get it. High blood pressure, diabetes, smoking, abdominal obesity, excess alcohol, lack of exercise and a family history of cardiovascular disease all put you at increased risk of cardiovascular disease.

So if your willie doesn't work see your GP as you are better to have a health check-up now, to try to prevent serious problems developing in the next few years.

Dr. G J Mackintosh

GIVING UP SMOKING

Health is wealth so get a grip
don't be scared decide to quit

Getting through the first three days
can be done in several ways

Champix, patches, chewing gum
meditating on your bum

Don't forget the senacots
digestive system out of sorts

Your brain will grumble, greet and
girn,
do not listen or give in

Once again you'll taste your food
the world has never smelled so
good

Put fag money in the bank
you'll only have yourself to thank

Lying on warm golden sand
slice of melon in your hand

Skin a lovely shade of pink
enjoy it's later than you think!

M. Cormack

CHRISTIAN COMMENT

Habbakuk lived 700 years before Jesus was born. He was in despair about the state of the world and the situation around him. He cried out to God asking for an answer and waited for the person promised to come to the rescue.

At this time of year we remember Jesus being born and the joy of those who recognised Him as the one who came to rescue us. But we still look around and despair at how the world is, the evil and corruption. Jesus died so that the power of evil is defeated. We are in a time of waiting as Habbakuk was. We are looking forward to when Jesus returns as ruler and King, then "there will be no more death or mourning or crying or pain, for the old order of things will pass away."

It is not always an easy wait, but God fulfilled His promise in sending Jesus as a baby and we trust God's promise that He will return in power.

Iain King

Church Meetings

Church of Scotland: Sunday - Boleskine 10.00am, Dores 11.30am.

Mr I. King 01463 751293

United Services for Boleskine & Dores are at 11.00 a.m.

on last Sunday of each month at alternate venues.

Episcopal Church: St Paul's Strathnairn – Sunday 11.00am.

Free Church: Sunday 5.00pm Errogie. Mr S. McLure, 01456 486435

Free Church Continuing: Sunday 11.00am & 6.30pm, Wednesday 7.30pm. Dores

Mr D. Fraser 01456 486408

Free Presbyterian Church: 12 noon, Gorthleck, every 4th Sunday.

Mrs E. Fraser 01456 486282

Roman Catholic Church: 12.30 pm, alternate Sundays, Whitebridge.

Contact : 01463 232136

Community Children's Christmas Party

**Saturday 8th December
3pm - 5pm
Stratherrick Hall**

**Games, food, lots of fun and
a special visit from Santa.**

**Please make sure you RSVP your child's
invitation to their school.**

Many thanks to the Community Trust for providing funding

Foyers School Christmas Fayre

**Saturday 8th December
10am -12 noon**

Hamper, raffle, homemade crafts/
cards/decorations, tea /coffee.

Free entry.

Hope to see you all there.

FOYERS SCHOOL RAFFLE

Includes Belladrum tickets; Landmark
entry; Meal for 2.



Stratherrick Hall - Regular Groups

- Mondays** - Drama Group 7.00 p.m. – 9.00 p.m.
Wednesdays - Parent, Baby & Toddler Playgroup 10.30 a.m. – 12.30 p.m.
Contact Susan Denoon 01456 486411
Wednesdays - Scottish Country Dancing Contact J Borup 01456 486464
Saturdays - Karate 10.00 a.m. – 12.00 p.m. Contact Nicholas Walker 01456 486205

The Hall is available for hire at very reasonable rates. It is well equipped and ideal for a family party, group bookings, meetings etc. For further information and bookings please contact Pam Simpson, Beechwood, Gorthleck. 01456 486364. Emergency keyholder. Kathy Stoddart 01456 486329

BOLESKINE SENIORS LUNCH CLUB

Held on the last Friday of the month
12.30 pm ALL WELCOME £2.00 each
To reserve your place telephone Joyce Wills
01456 486 269

Dates of the next 3 Lunches:- 25th January 2013
22nd February 2013
29th March 2013

**TO AVOID DISAPPOINTMENT PLEASE BOOK BY AT
LEAST ONE WEEK BEFORE THE LUNCH**

FOYERS and STRATHERRICK

COFFEE CLUB

Held on the **2ND THURSDAY** of the month
The Waterfall Café, Foyers
10am - 12 noon
All Welcome

Stratherrick Voice: www.stratherick.org.uk

Community Website: www.stratherrick.net

BUS TIMETABLES

SERVICE 16 INVERNESS-FOYERS	MONDAY TO FRIDAYS						SATURDAYS	
	Sch.	NSch.						
Upper Foyers	07.55	08.04	09.55	11.55	13.55	16.20	09.00	13.30
Lower Foyers	08.00	08.09	10.00	12.00	14.00	-----	09.05	13.35
Inverfarigaig	08.07	08.16	10.07	12.07	14.07	16.27	09.12	13.42
City Centre	08.45	08.54	10.45	12.45	14.45	17.05	09.50	14.20
				Sch.	NSch.			
City Centre	09.00	11.00	13.00	15.15	15.30	17.50	12.30	18.10
Inverfarigaig	09.38	11.38	13.38	16.08	16.08	18.28	13.08	18.48
Lower Foyers	09.45	11.45	13.45	16.15	16.15	18.35	13.15	18.55
Upper Foyers	09.50	11.50	13.50	16.20	16.20	18.40	13.20	19.00

SERVICE 18 WHITEBRIDGE - INVERNESS	MONDAY TO FRIDAYS						SATURDAYS	
		Sch.	NSch.					
Raigmore Hospital				13.35				
Retail Park Tesco				13.45				
Inverness Bus Station	06.10	08.05	08.10	13.50	15.10	10.00	16.20	
Inverness Royal Acad.	06.20	08.14	08.20	13.59	15.35	10.10	16.30	
Torness – Coulanour Jct.	06.57		08.55		16.12	10.47	17.07	
Torness		08.50		14.35	16.17			
Torness – Coulanour Jct	06.57	08.55	08.55	14.40	16.22			
Errogie	07.01	09.00	09.00	14.44	16.26	10.51	17.11	
Gorthleck	07.05		09.05	14.48	16.30	10.55	17.15	
Whitebridge	07.15	09.12	09.12	14.55	16.40	11.05	17.25	
Knockie Road End	07.20	09.17	09.12	15.00	16.45			
			NSch.	Sch.				
Knockie Road End	07.25	09.17	15.00	15.00	16.45			
Whitebridge	07.30	09.22	15.05	15.05	16.50	11.10		
Gorthleck	07.40	09.30	15.12		17.00	11.20		
Errogie	07.44	09.35	15.17	15.25	17.04	11.24		
Torness – Coulanour Jct.	07.48	09.40	15.22	15.30	17.08			
Torness	07.53	09.45		15.35		11.28		
Torness – Coulanour Jct.	07.58		15.22		17.08			
Inverness Royal Acad.	08.40	10.26	15.53	16.16	17.45	12.05		
Inverness Bus Station	08.53	10.35	16.04	16.25	17.55	12.15		
Retail Park Tesco		10.45						
Raigmore Hospital		10.50						

DUE TO THE ONGOING ROAD CLOSURES PLEASE CHECK WITH STAGECOACH BEFORE HEADING OUT !

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£2 per family per session

Arts and crafts

Music & dance

Eden Court theatre visit

Soft play area for babies

Kids' Xmas party



If you would like to come along but perhaps don't know anyone, we operate a "buddy" system for new parents. Likewise, if you don't drive, we can sometimes arrange a lift.

Contact Susan 01456 486411

or Elinor 01456 486400

for further info.

We look forward to seeing you!

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The Café has local artist's works, photography and crafts on display and for sale.

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is also open daily and offers a traditional Village Store that is well stocked with all your household needs at competitive prices. We also stock Daily Newspapers, Souvenir's, Fishing Tackle and our Off Licence has a good selection of wine and beers. There are regular deliveries of Fruit & Vegetables and good quality meats from 'Grants of Speyside'; an ordering facility is available for these products. We use local companies and suppliers wherever possible.

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Café	Mon-Thurs	9.00 am – 5.30 pm
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BB

**NEXT ISSUE - March 2013
DEADLINE - 15th February 2013**

For articles, adverts or items to be included within the
Boleskine Bulletin please send to :

boleskine_bulletin@hotmail.co.uk

OR

Contact Jane : 01456 486355

NEW Advertising Charges per issue: .

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TO OUR ADVERTISERS

From the next issue in March 2013 the Boleskine Bulletin
is changing the layout of some of our
advertising pages.

See page 16 for the new "business card style"

ITEMS FOR INCLUSION

Please send all text as a Word Document (250 - 300 words max)
and photos as JPEG. We reserve the right to shorten articles if
space is limited. We will always try to check with you first.

We are of course happy to receive photos, typed text and hand-
written words in paper form too.!

Thanks to everyone who contributes articles, stories, photos etc.
and to our loyal Advertisers, the Community Trust and the
Community Council for their continued support. **BB Team**

The BB is printed by Mail Box Etc 01463 234700

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